

**JULIA L. VAN PELT, PSY.D.**

New Jersey Licensed Psychologist (# 4952)

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**EXPERTISE:**

POPULATIONS: Adolescents and Adults, either Voluntary or Court-Ordered

ISSUES: Depression, Anxiety, Post-Traumatic Stress Disorder, Substance Abuse, and Sexual Misconduct

MODALITIES: Long-Term Individual or Process-Oriented Group Therapy and Time-Limited Psycho-Education

TREATMENTS: Cognitively-Based Insight Enhancement and Skills Acquisition aimed at Relapse Prevention

ASSESSMENTS: Competence to Stand Trial, Risk of Violence, Psycho-Sexual, Personality, and Malingering

**EDUCATION:**

Forest Institute of Professional Psychology (FIPP) in Springfield, Missouri

**Psy.D. in Clinical Psychology**

**09/2002 – 06/2004**

Dissertation: "Creativity as Manifestation of Affective Modulation among Artistic and Delinquent Populations"

Concentration: Corrections and Forensics

Georgia School of Professional Psychology (GSPP) in Sandy Springs, Georgia

**M.A. in Clinical Psychology**

**07/1998 – 07/2002**

Thesis: "The Use of Rorschach Inkblot Test to Assess Originality via Color Perception"

Concentration: General Adult

Georgia State University (GSU) in Atlanta, Georgia

**B.A. in Psychology**

**09/1994 – 12/1997**

Minor: Philosophy

Concentration: Behaviorism and Social Influences

Belarusian Polytechnic Academy (BPA) in Minsk, Belarus'

**A.S. in Computer Programming**

**09/1990 – 09/1992**

Minor: Informational Technology

Concentration: Automatization of Technological Processes and Productions

**INDEPENDENT PRACTICE OF PSYCHOLOGY:**

Evers Psychological Associates (EPA) in Manasquan, New Jersey

**Staff Psychologist**

**05/2014 – Present**

- provide individual psychotherapy to persons struggling with Depression, Anxiety, and / or Substance Abuse
- treat servicemen and women, of mainly Vietnam era, on Post-Traumatic Stress Disorder state granted program
- fill out Disability related questionnaires from the Department of Veterans Affairs and Social Security office

Assurance Behavioral Healthcare (ABH) in Cherry Hill, New Jersey

**Consulting Psychologist**

**05/2014 - Present**

- conduct evaluations pertaining to Psycho-Sexual, Risk of Re-Offending, or Repetitive and Compulsive Nature
- facilitate bi-weekly Sexual Offender Specific process-oriented group with elements of psycho-education
- communicate with Probation and Parole Officers about their supervisees' treatment goals, needs, and progress

Center for Family Guidance (CFG) in Marlton, New Jersey

**Consulting Psychologist**

**04/2014 – Present**

- conduct Standard, In-Depth, and Special Pre-Parole Evaluations for inmates approaching their eligibility term
- utilize Level of Service Inventory-Revised (LSI-R) and Millon Clinical Multiaxial Inventory-III (MCMI-III)
- write comprehensive reports identifying the main aggravating and mitigating factors of that person's recidivism

Serenity Health Group (SHG) in Lakewood, New Jersey

**Consulting Psychologist**

**04/2014 – 08/2015**

- provided individual psychotherapy on a weekly basis for Senior Citizens no longer able to reside on their own
- assisted the clients in coping with various geriatric issues, such as adjustment to loss of autonomy or loneliness
- monitored for any abrupt changes in their physical, cognitive, and emotional functioning decline
- kept thorough documentation and communicated all arisen concerns to the facility's staff (Social Worker)

Sanctuary of Hope and Healing (SOHH) in Scotch Plains, New Jersey

**Consulting Psychologist**

**05/2014 – 07/2014**

- provided Mental Health services to the predominantly Division of Child Protection and Permanency clients
- conducted diagnostic evaluations of adults appraising their general parenting skills and potential harm to kids
- facilitated court-ordered sessions with estranged family members for Therapeutic Visitation and Co-Parenting
- kept up-to-date all the necessary documentation about their specific treatment goals, needs, and progress

Guided Life Structures (GLS) in Somerville, New Jersey

**Consulting Psychologist**

**03/2012 – 04/2014**

- initiated diagnostic triage of clients referred by Drug Court, IDRC, or self as abusing drugs or alcohol
- identified mental health issues jeopardizing recovery and follow up with those in need of individual attention
- respond to inquiries from Parole Board about the presence of Anger Management concerns or other risk factors
- provide long-term one-on-one psycho-therapy services addressing impediments to adaptive life in a community

Ann Klein Forensic Center (AKFC) in West Trenton, New Jersey

**Clinical Psychologist - 2**

**09/2010 – 12/2013**

- functioned daily as Ward Psychologist for the Admissions and Intensive Treatment Unit with 25 beds capacity
- performed in-house Competence to Stand Trial evaluations under the guidance of a senior expert clinician
- conducted various psychometric assessments to clarify diagnoses, upon request from team or psychiatrist
- provided patients identified in need of auxiliary psychotherapy services with weekly symptom-targeting help
- generated comprehensive reports and progress notes in a timely manner to address specific referral questions
- facilitated weekly Orientation group for those not ready enough yet to benefit from mainstream rehabilitation
- co-led twice weekly time-limited psycho-educational sessions for Restoration of Legal Competency program

**SUPERVISED PRACTICE OF PSYCHOLOGY:**

Special Treatment Unit (STU) in Rahway, New Jersey

**Clinical Psychologist - 1**

**03/2006 – 09/2010**

- provided clinical programming for the Civilly Committed Adult Male Sexual Offenders
- co-facilitated long term process-oriented psychotherapy groups and short term psycho-educational modules
- designed and implemented Treatment Plans to mitigate the dynamic risk factors of estimated recidivism
- produced reports reviewing progress made with relevant insights gained and other achieved status changes
- oversaw the functioning of several committees within the Therapeutic Community (Pull Up, Peer, Mediation)
- assessed, intervened, and followed up promptly on crisis situations amongst residents
- attended morning rounds, treatment team meetings, peer supervision, and monthly training sessions

Woodbridge Developmental Center (WDC) in Woodbridge, New Jersey

**Staff Clinical Psychologist - 3**

**10/2005 – 03/2006**

- provided care and treatment for the Profoundly Mentally Retarded and Developmentally Disabled patients
- completed Functional Behavior Analysis of the particularly resistant to change conduct
- designed Behavioral Support Plans for severely self-injurious and assaultive individuals
- guided and supervised the work of 3 Behavioral Modification Program Technicians
- participated in the department-wide administrative and clinical meetings
- reviewed records and maintained all the necessary documentation

**CLINICAL TRAINING RECEIVED:**

Manhattan Psychiatric Center (MPC) in New York, New York

**Psychology Intern** 09/2004 – 09/2005

- assisted with maintaining the Service for Treatment and Abatement of Interpersonal Risk (STAIR) program
- provided long-term individual psychotherapy services for the Severely Mentally Ill population
- co-led long-term process-oriented psychotherapy groups with Dually Diagnosed individuals
- conducted extensive clinical interviews / intakes of newly admitted patients
- administered comprehensive psychometric batteries for clarification of diagnosis
- supervised graduate level psychology students performing various cognitive and personality assessments
- assessed men with history of Sexual Misconduct utilizing such tools as Mn-SOST-R, STATIC-99, and PCL-R

Forest Institute Community Mental Health Clinic in Springfield, Missouri

**Psychology Extern** 10/2003 – 07/2004

- provided clients with individual and family psychotherapy sessions on a weekly basis
- reviewed records, gathered intake information, and wrote psycho-social reports
- sought and received supervisory feedback utilizing one-way observation mirror

Greene County Jail in Springfield, Missouri

**Psychology Trainee** 04/2003 – 07/2004

- provided adult male and female detainees with individual psychotherapy sessions on a weekly basis
- reviewed records, wrote progress notes, and conducted brief mental status examinations
- consulted with other mental health professionals and medical personnel

Metro State Prison (MSP) in Atlanta, Georgia

**Psychology Practicum Student** 09/2001 – 06/2002

- provided adult female inmates with individual psychotherapy sessions on a weekly basis
- conducted diagnostic services via extensive interviewing and various psychometric assessments
- co-facilitated long-term process-oriented and psycho-educational therapy groups

West Central Georgia Regional Hospital (WCGRH) in Columbus, Georgia

**Psychology Practicum Student** 09/2000 – 07/2001

- administered, scored, and interpreted batteries of neuro-cognitive, personality, and malingering tests
- conducted clinical interviews of patients referred for diagnostic clarification
- assisted in performing Competence to Stand Trial and Insanity forensic evaluations for courts
- reviewed charts, wrote comprehensive reports, and supplied the required feedback

**RELEVANT WORK EXPERIENCE:**

Phoenix Associates for Total Health (PATH) in McDonough, Georgia

**Psychometrician** 07/2000 – 03/2002

- administered, scored, and interpreted batteries of psychological tests (> 200)
- conducted clinical interviews of Social Security Disability applicants and wrote comprehensive reports

Ridgeview Institute in Smyrna, Georgia

**Mental Health Technician** 07/2000 – 11/2000

- co-facilitated psychotherapy groups with and provided one-on-one supervision for adolescent and adult clients
- conducted interviews, wrote progress notes, applied recommended interventions, and reviewed patients' charts

Donald W. Bowling, Ph.D., LLC in Riverdale, Georgia

**Psychometrician** 07/2000 – 10/2000

- administered, scored, and interpreted batteries of psychological tests (> 100)
- conducted extensive clinical interviews of Social Security Disability applicants

**VOLUNTEER ACTIVITY:**

The HUB Counseling and Education Center in Tucker, Georgia

**Intake Coordinator**

**10/1999 – 05/2000**

- conducted clinical telephone assessments of all new and returning patients and assigned cases to professionals
- delegated interviewing responsibilities among staff and provided referrals to community mental health agencies

**RESEARCH INVOLVEMENT:**

Forest Institute of Professional Psychology (FIPP) in Springfield, Missouri

**Project Manager**

**09/2003 – 06/2004**

- wrote the proposal for study of Creativity and collected all data for it, employing projective instruments
- defended the empirically supported Dissertation

Emory University School of Medicine in Atlanta, Georgia

**Project Assistant**

**03/1997 – 07/1998**

- conducted Structured Interviews of participants and their caregivers in the study of Sickle Cell
- prepared correspondence pertaining to the Peer Reviews of submitted manuscripts

**PRESENTATIONS:**

Association for the Treatment of Sexual Abusers (Conference) in Dallas, Texas

**Speaker presenting “The Clinical Burn Out and Boundaries Issues”**

**10/2009**

Special Treatment Unit (Monthly Peer Supervision and Consultation Grand Rounds) in Rahway, New Jersey

**Speaker presenting “The Dynamics of Co-Facilitating Process Groups for Sexual Offenders”**

**12/2007**

**MEMBERSHIPS:**

The Association for the Treatment of Sexual Abusers (ATSA)

Sex Offender Civil Commitment Programs Network (SOCCPN)

**LANGUAGES:**

Russian – native speaker, reader, and writer

English – fluent speaker, reader, and writer

Belarusian – high proficiency speaker, reader, ad writer

Ukrainian – basic competence in understanding and reading

**REFERENCES AVAILABLE UPON REQUEST**