

John Brodt MS, MPhil, LPC
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Education

Walden University, Minneapolis, Minnesota
Doctor of Philosophy in Psychology – Teaching Specialization, (Coursework complete- dissertation in progress)
GPA 4.0/4.0 – Student

Walden University, Minneapolis, Minnesota
Master of Philosophy, (February 2019)
GPA 4.0/4.0

Chestnut Hill College, Philadelphia, Pennsylvania
Master of Science in Clinical and Counseling Psychology, (May 2011)
GPA 3.96/4.0

Albright College, Reading, Pennsylvania
Bachelor of Science in Applied Psychology and Organizational Behavior, (February 2005)
GPA 3.92/4.0
Honors Societies---Psi Chi and Alpha Sigma Lambda
Green-Lee Academic Achievement Award 2005

Professional Memberships: APA and USPRA

****I am a veteran of the United States Air Force and Army National Guard.****

Work Experience

Rutgers University (UCHC), Trenton, New Jersey

Mental Health Clinician II, (May 2017 - present)

- Conduct individual and group therapy sessions for residents within NJ DOC (anger management, bereavement, stress management, addiction/recovery, communication, self-esteem, etc.)
- Perform intake assessments, individualized treatment plans, and discharge/aftercare planning
- Complete psychological evaluations and drug/alcohol assessments
- Utilize a variety of evidenced-based modalities (Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Motivational Interviewing, Positive Psychology, trauma, and career counseling).
- Provide supervision to clinical/counseling interns
- Engage inmates in safety assessment and supportive counseling during crisis situations

Foundations Behavioral Health, Doylestown, Pennsylvania

Primary Therapist, (June 2016 – May 2017)

- Provide weekly individual, family, and group therapy to adolescents in treatment
- Specialize in working with adolescents across a wide spectrum of disorders (ASD, ODD, IED, trauma)
- Coordinate services and aftercare treatment during clinical transitions at discharge
- Leader in crisis management, elopement situations, verbal de-escalation, and allocation of resources
- Corporate trainer in Verbal De-escalation and Handle-With-Care (Manual restraints)
- Complete psychological assessment as applicable to patients' needs

Catholic Charities, Hamilton, New Jersey

Program Supervisor for Supportive Housing, (March 2016 – June 2016)

- Completion of Comprehensive Rehabilitative Needs Assessment (CRNA)
- Completion and approval of consumer-driven Individualized Rehabilitation Plans (IRP)
- Provide clinical guidance and operational supervision to 11 direct care community-based staff
- Oversight of program operations in absence of program director

Foundations Behavioral Health, Doylestown, Pennsylvania

Assistant Director of Residential Operations, (May 2015 – March 2016)

- Oversee program development of multiple housing units consisting of 40 individuals from 12 to 20 years of age
- Collaborate with other department leaders to assist with the supervision of intensive inpatient units across campus
- Coordinate staff development and location to meet the therapeutic needs of the residents across campus
- Facilitate discharge planning, community integration, and best practices into clinical care
- Leader in supportive response/crisis management team

Catholic Charities, Westampton, New Jersey

Clinical Outpatient Therapist, (*Internship* - May 2010 - April 2011)

- Provide individual and family based therapy sessions utilizing psychodynamic, family systems, and Cognitive Behavioral techniques to alleviate suffering and facilitate personal growth
- Conduct clinical intake biopsychosocial assessments and career/vocational assessments
- Diagnose individuals utilizing the DSM IV-TR criteria and develop goal-specific Individual Recovery Plans
- Trained and practiced in completing a suicide/homicide assessment and crisis intervention techniques
- Utilize MI and IDDT stage-based techniques with clients who have a mental illness and substance abuse diagnosis

Catholic Charities, Westampton, New Jersey

Residential Clinical Specialist, (June 2007 – May 2015)

- Create specialized Individual Recovery Plans (IRPs) focusing on goal setting, recovery principles, motivational frame working, and task/goal completion
- Perform interviews, employee training and orientation, assessment development and other administrative duties
- Provide clinical correspondence and testimony at KROL (NGRI) Law hearings
- Conduct clinical discharge readiness assessments at Ancora Psychiatric Hospital
- Perform all aspects of community support services utilizing community resources in a collaborative manner

Catholic Charities, Westampton, New Jersey

Partial Care Counselor, (July 2006 – June 2007)

- Successfully completed IDDT, Motivational Interviewing and Pre-vocational training
- Conducted orientations, vocational training(s), personnel interviews, work evaluations, and conflict resolution interventions while facilitating groups with individuals with severe persistent mental illness

Self-Employed Personal Trainer/Life Coach, Feasterville, Pennsylvania

Personal Trainer/Life Coach, (February 2000 – Present [part time as of July 2006])

- Create individualized and group fitness training for over 30 clients per week
- Initiate motivational and nutritional programs, assist clients with achieving life goals, enhancing relationships and helping clients improve their self-worth

United States Air Force, Fairborn, Ohio

Dietary Technician, (October 1994 – January 2000)

- Demonstrated excellence receiving an honorable discharge and several other awards including Senior Airman Below-the-Zone, Airman of the Quarter (twice), and Airman of the Year in 1995
- Supervised a shift of up to 11 workers consisting of both military and civilian personnel
- Completed annual budget and inventory requirements