

Dana Gibilisco

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Professional Summary

Licensed professional counselor specializing in caring for youth ages 3-19 and adults with various behavioral and emotional needs including, but not limited to reactions to trauma, reactive attachment issues, depression, anxiety, self-esteem issues, self-harming behaviors, and family dynamic issues. Eight years experience working with high risk youth in a group home setting, Intensive in Community, and in a high school. High focus on building relationships with clients while using person-centered therapy, CBT, and reality therapeutic approaches.

Profile

Motivated, dedicated, and hardworking counselor with an ability to adjust counseling styles to meet client's needs. Genuineness to view clients with unconditional positive regard. Collaborated with co-therapists and applied new techniques to aid in assisting a diverse range of clients. Acknowledged for meeting the client's and agency's needs for professionalism, flexible scheduling, and respecting confidentiality. Leadership skills as a program director.

Licensure & Certifications

LPC- Licensed Professional Counselor

❖ 37PC00555800

NCC- National Certified Counselor

❖ NCC# 308781

Skills Summary

- ❖ Active listening, social perceptiveness, oral expression, and diagnostic analysis
- ❖ Interpret information from verbalization and non-verbal cues
- ❖ Decisive chronological notes, timely chart documentation, and comprehensive BioPsychosocial assessments
- ❖ Promote client autonomy and self-problem solving
- ❖ Excellent organizational and time-management skills
- ❖ Strong ability to work well under pressure and to work accurately and efficiently
- ❖ Ability to assess for suicidality
- ❖ Differential diagnosis
- ❖ Acting leader, supportive of youth and staff

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Employment History

2019-Current **Effective School Solutions**, Neptune, NJ

- Coordinates an in district behavioral and emotional wrap around program completing biopsychosocial assessments, treatment planning, individual, group, and family therapy
- Meets weekly with School Administration to provide updates and interventions utilized in treatment
- Makes higher level of care referrals when needing
- Supervises Clinical staff

2017- Current **Serenity in the Home, IIC**, Manahawkin, NJ

- Conducts therapy in an environment where the youth feels comfortable and safe, engaging in community activities when appropriate
- Collaborates with family as well as other supports including CMO, school, FSO, BA, and Psychiatrists to treatment plan effectively
- Family focused treatment interventions designed to keep youth in their home without needing more intensive services
- Extensive experience in treating trauma, anxiety, depression, social phobias, self-esteem issues and ADHD

2013-2018 **Leading Youth Through Experience, IIC**, Brick, NJ

- Short-term/goal focused therapeutic interventions in response to crisis
- Working with the youth as well as the family to restore functionality in their home
- Weekly communication with referral source to ensure the proper services and interventions are in place while determining the need for continued therapeutic care
- Conducts needs assessments upon request
- Flexible scheduling to meet the needs of the youth and family without interfering with normal life function/activities

2013-2016 **New Jersey MENTOR, Program Director/ Group Home Therapist**, Millstone, NJ

- Directed daily operations and therapeutic curriculum for the central region (5 group homes)
- Assessed the therapeutic needs of the youth and supervised the group home therapists and managers to ensure quality assurance
- Assessed youth by completing a biopsychosocial and writing a treatment plan according to needs
- Provided therapeutic support for staff and youth on a daily basis
- Used various therapeutic techniques flexibly when youth were not responding to treatment interventions

2012 **Youth Consultation Services, Residential Clinical Intern**, Farmingdale, NJ

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- Assessed, diagnosed, and provided therapeutic interventions for girls ages 12-16 with trauma based needs
- Lead weekly therapeutic groups to process trauma, express feelings and emotions, and build upon self-esteem
- Completed daily check-ins to monitor depressive symptoms and assess for suicidal ideations
- Coordinated care with DCP, YCM, CMO and assisted in discharge planning

2011-2012 **Catholic Charities, IOP Adult Counseling Intern**, Bridgewater, NJ

- Completed BioPsychoSocial assessments and diagnostic impressions for an AIOP program
- Facilitated group and individual sessions using various therapeutic techniques
- Assessed transfer/discharge needs of clients
- Participated in clinical treatment team meetings
- Prepared and maintained all required treatment records and reports

Education

2009-2013 **Monmouth University**, West Long Branch, NJ
MS in Mental Health Counseling January 2013

2009 **Rutgers University**, New Brunswick, NJ
BA in Psychology January 2009